

# THE MAY 50K

*#KissGoodbyeToMS*



**I'M LEAVING MY LIMITS BEHIND.**

This May I'm challenging myself to run or walk 50km throughout the month to raise funds to accelerate research for multiple sclerosis.

**DONATE TO MY FUNDRAISING PAGE BELOW  
AND HELP ME KISS GOODBYE TO MS.**

Join me! Sign up to The May 50K for free today.  
Register now at **themay50k.org**



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