

THE MAY 50K

#KissGoodbyeToMS



I'M LEAVING MY LIMITS BEHIND.

This May I'm challenging myself to run or walk 50km throughout the month to raise funds for life-changing multiple sclerosis research.

**DONATE TO MY FUNDRAISING PAGE
TO HELP KISS GOODBYE TO MS.**



themay50k.org



[@kissgoodbyetoms](https://www.instagram.com/kissgoodbyetoms)



[@KissgoodbyetoMS](https://www.facebook.com/KissgoodbyetoMS)

