

A woman with long brown hair tied in a ponytail is running on a dirt path through a forest. She is wearing a green tank top, black leggings, and white sneakers. The background is filled with tall pine trees and green grass.

LEAVE YOUR
LIMITS BEHIND.

THE MAY 50K

#KissGoodbyeToMS

RUN OR WALK 50KM IN MAY AND RAISE FUNDS TO LEAVE MS WHERE IT BELONGS, BEHIND US.



Every kilometre you clock over the month of May, will help to accelerate research into prevention, better treatments and to find cures for multiple sclerosis.

Register now and find all details at:

themay50k.org



themay50k.org



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